



Taekwon-do International Switzerland
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taekwondo.switzerland@bluewin.ch
taekwon-do.ch



14nd Dezember 2024

Invitation to the 11th Swiss Open 2024 (since 1984) in
Niederhasli, Zürich Switzerland

Tournament Conditions

www.taekwon-do.ch

Competition rules: <http://www.taekwon-do.ch/docs/wettkampfregele.pdf>

Registration Form

List and Categories

Accommodation & How to get here

Infos & Contacts

Program



Supported by:





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Invitation to the Swiss Open 2024 in Winterthur, Switzerland

Renato Marni, Matthias Hoppler, Michael Marni

Dear Friends of Martial arts!

Taekwon-Do INTERNATIONAL SWITZERLAND is organizing the Swiss Open in Niederhasli, Zürich. In this competition, Martial arts associations like Taekwon-Do schools can participate.

This event will take place Saturday, 14nd Dezember 2024, in 8155 Niederhasli, in the Sports Arena, Seefeldstrasse 8

Start: 9.00 a.m.

Please find further details in the enclosed information.

The following disciplines will be performed:

Point stop, Sparring running time, Patterns, Weapon Pattern, Breaking, Speedkick for children, Tagteam, Teampattern, Teamfight.

Taekwon-Do International invites selected schools from Switzerland and other countries. A qualified referee committee will be in charge for a fair rating off the competitions.

We are looking forward to welcome you at our event.

Save the date, we are looking forward to welcome you at our event!

TAEKWON-DO INTERNATIONAL SWITZERLAND, DAVOS

Renato Marni

7. DAN
President

Stefan Pfister

3. Dan General
Secretary

Matthias Hoppler

4. Dan Vize
President

ATTACHMENTS:

Informations and tournament conditions, competition rules, registration, registration referees, accommodations and hotels, program and terms of payment.

Attention!

Please be aware that the reservations for your accommodation should be done as soon as possible. Hotels, pensions and holiday flats are fully booked quickly!

Davos, February 2024

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Information & Tournament Conditions

- Date:** Saturday 14nd Dezember 2024
08.00 a.m. opening of the sports arena **Niederhasli, Zürich**
Further Information about the timetable see **“Program”**
- Location:** Sports Arena, Seefeldstrasse 8, 8155 Niederhasli, Zürich
(see description of the route in the accommodation leaflet or www.taekwon-do.ch). Signs will be placed throughout Winterthur.
Travelling by train see: www.sbb.ch.
Please note: wear only shoes with white soles in the competition room (referees and coaches included)!!
- Authorization:** All competitors from 8th Kup/Kyu or equal grades of all systems and federations.
!!! The tournament takes part executively in Light- and Semi contact!!!

May we ask you to bring your country flag with you!

- Categories:**
- **Tul / Kata:** according to the attached application form. We need at least 5 competitors per category.
 - **Attention: please note semi contact (Point Stop) and light contact (Running Time) sparring**
We need at least 5 competitors per category. If there are not enough competitors in one category they will be assigned to the next higher category, from the highest class they will be assigned to the next lower category.
Double starts in the next higher category are NOT allowed.

- Age groups:** Children up to completed 17th year of life, Adults over 18 years old
Start of children competitions: **9 am**
Start of adult competitions: **12pm**

- BELT GROUPS:**
- A: YELLOW
 - B: GREEN
 - C: BLUE
 - D: RED
 - E: ALL BLACK BELTS

- Tournament rules:** According to the Tae Kwon-Do International Rules ([see attached rules](#))

- Entry fees:** CHF / EUR 35.00 per competitor (1 category) each other category more is CHF/ EUR 30.00.

Package:
CHF/ EUR 75.00 if you take part in 3 categories
CHF / EUR 90.00 if you take part in 4 categories

Teamfight or -pattern CHF / EUR 40.00 for the team (1 event)



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For the payment, please use the following Bank account:

Bankname: Raiffeisenbank Mittelprättigau-Davos, Promenade 57,
CH-7270 Davos Platz, Switzerland
IBAN-Nr.: CH93 8108 4000 0036 4007 5
Swift-Code: RAIFCH22
Konto-Nr.: 36400.75
Clearing-Nr.: 81084
Kontoinhaber: TAE KWON-DO International Switzerland,
CH-7260 Davos Dorf

Please bring the paying slip with you for eventually occurring discrepancies.

Accommodation: See link on the page with the informations.

Please note that accommodation is limited, so please book as soon as possible!!

Referees: With every inscription of the clubs there must also enrol an experienced referee. If there are more than 10 competitors per club we expect more than one referee. Please name the referees on the 2nd inscription form. The referees get Lunch for free on the day of the competition. If a club isn't able to enrol a referee the club has to pay an absence fee of CHF / Euro 50.-.

Inscription: Email the attached completed application form to:

**Renato Marni, Aelastrasse 5, 7260 Davos-Platz
taekwondo.switzerland@bluewin.ch**

Please note: Coaches have to read the notes on the bottom of the application form and confirm it by signature. **Please bring the original signed form with you on the 14nd Dezember 2024!!**

End of inscription: **2.12.2024** (Date of stamp).
No nominations will be accepted at the tournament start!

Information: Sandra Lüscher: 0041 76 338 35 77 or email: luescher73@yahoo.com or taekwondo.switzerland@bluewin.ch

Application forms and information can be found on our homepage
www.taekwon-do.ch



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11th TAE KWON-DO Swiss Open
14th Dezember 2024 Niederhasli SWITZERLAND
COMPETITORS REGISTRATION

MANDATORY: FILL THIS PAGE CORRECTLY

Each competitor can compete in several events, in this case write correctly ALL the codes numbers

I AGREE TO WAIVE ALL CLAIMS AGAINST ANY PERSON(S) CONNECTED WITH THE CHAMPIONSHIP, FOR ANY INJURY OUR DELEGATION MAY SUSTAIN DURING THIS

FIRST NAME	LAST NAME	Gender M/F	Age At Nov. 25 th	Weight in kg.	Height in cm	Level A/B/C/ D/E	CODE NUMBERS /...../...../...	STYLE TI/ITF/ WTF
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
15								
16								
17								
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22								
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25								
26								
27								
28								

CHAMPIONSHIP. I ALSO RELEASE ANY PERSONS(S) CONNECTED WITH THE CHAMPIONSHIP FOR ALL CLAIMS OF DAMAGES, DEMANDS AND ACTIONS IN ANY MANNER DUE TO ANY PERSONAL INJURIES, PROPERTY DAMAGE OR DEATH SUSTAINED AS A RESULT OF MY TRAVELING TO AND FROM AND OUR PARTICIPATION IN SAID CHAMPIONSHIP. I ALSO ATTEST AND VERIFY THAT MYSELF AND ALL PERSONS OF MY DELEGATION ARE IN VERY GOOD HEALTH, WE DO NOT SUFFER FROM ANY ILLNESS, DISEASE OR ANY MENTAL AND PHYSICAL DISORDER WHICH MIGHT BE OR BECOME AGGRAVATED BY ENTERING IN THIS CHAMPIONSHIP

500gr weight tolerance and none height tolerance. I HOLD MY SELF RESPONSIBLE FOR ANY ACTIONS OF MY DELEGATION AND PROMISE TO ACT IN ACCORDING TO THE RULES AND REGULATIONS OF THE CHAMPIONSHIP. I DECLARE ALSO THAT ALL COMPONENTS OF MY DELEGATION

THEY HAVE THEIR OWN PERSONAL INSURANCE AND MEDICAL AUTHORIZATION TO PARTICIPATE IN THIS CHAMPIONSHIP. THE RESPONSIBLE TRAINER EXPLICATE WITH HIS SIGN ON THIS FORM, THAT HE IS AGREE WITH ALL THE RULES AND CONDITIONS OF THIS TOURNAMENT. PARTICULARLY TAKES HE NOTE THAT THE ORGANIZER OF THIS TOURNAMENT DISCLAIM EACH LIABILITY.

CHIEF DELEGATION SIGNATURE: PASSPORT NUMBER:

COUNTRY ORGANIZATION NAME: DATE: PLACE:

e-mail address: (very important, please add, thanks) Please bring the original signed form with you to the OC on the 14nd Dezember 2024



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REGISTRATION SUPPORTERS AND OFFICIALS

R = Referee O= Official H= Head coach

MANDATORY: FILL THIS PAGE CORRECTLY

	FIRST NAME	LAST NAME	R	H	O	GENDE R MALE / FEMALE	AGE <i>At Nov 25th</i>	Style
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
15								
16								
17								
18								
19								
20								
21								

WAIVER

I AGREE TO WAIVE ALL CLAIMS AGAINST ANY PERSON(S) CONNECTED WITH THE CHAMPIONSHIP, FOR ANY INJURY OUR DELEGATION MAY SUSTAIN DURING THIS CHAMPIOSHIP. I ALSO RELEASE ANY PERSONS(S) CONNECTED WITH THE CHAMPIONSHIP FOR ALL CLAIMS OF DEMAGES, DEMANDS AND ACTIONS IN ANY MANNER DUE TO ANY PERSONAL INJURIES, PROPERTY DAMAGE OR DEATH SUSTAINED AS A RESULT OF MY TRAVELING TO AND FROM AND OUR PARTICIPATION IN SAID CHAMPIONSHIP. I ALSO ATTEST AND VERIFY THAT MYSELF AND ALL PERSONS OF MY DELEGATION ARE IN VERY GOOD HEALTH, WE DO NOT SUFFER FROM ANY ILLNESS, DISEASE OR ANY MENTAL AND PHYSICAL DISORDER WHICH MIGHT BE OR BECOME AGGREAVATED BY ENTERING IN THIS CHAMPIONSHIP.

500gr. weight tolerance and none height tolerance. The specifications of my students/my school are all agreed with the reality. I know that my students has to pay a surcharge of CHF.30.-/20.-Euro, if the actual weight and height are not agree with the announced category.

I HOLD MY SELF RESPONSIBLE FOR ANY ACTIONS OF MY DELEGATION AND PROMISE TO ACT IN ACCORDING TO THE RULES AND REGULATIONS OF THE CHAMPIONSHIP. I DECLARE ALSO THAT ALL COMPONENTS OF MY DELEGATION THEY HAVE THEIR OWN PERSONAL INSURANCE AND MEDICAL AUTHORIZATION TO PARTICIPATE IN THIS CHAMPIONSHIP. THE RESPONSIBLE TRAINER EXPLICATE WITH HIS SIGN ON THIS FORM, THAT HE IS AGREE WITH ALL THE RULES AND CONDITIONS OF THIS TOURNAMENT. PARTICULARLY TAKES HE NOTE THAT THE ORGANIZER OF THIS TOURNAMENT DISCLAIM EACH LIABILITY.

CHIEF DELEGATION SIGNATURE: PASSPORT NUMBER:

COUNTRY ORGANIZATION NAME: DATE: PLACE:

e-mail address: (very important, please add, thanks)

If you do not have a referee you have to pay a duty of CHF 60.- / € 40.- _____

Please bring the original signed form with you to the OC on the 14.12.2024



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CLASSES AND DIVISIONS for 2024

LIGHT-CONTACT SPARRING INDIVIDUAL COMPETITION (LIGHT KONTAKT = Runningtime)

SEMI-CONTACT SPARRING INDIVIDUAL COMPETITION (POINT STOP FIGHTING)

Category Point Stopp				
Style – please note this in the entry form				
TI,ITF,WTF,Karate,Kickbox,Kung Fu				
Code Number	Division Children up to 17 years old	Gender	Hight in cm	Belt Group
1	Children	male	up to incl. 137 cm	A
2	Children	male	up to incl. 137 cm	B
3	Children	male	up to incl. 137 cm	C
4	Children	male	up to incl. 137 cm	D
5	Children	male	up to incl. 137 cm	E
6	Children	male	over 137 cm up to incl. 152 cm	A
7	Children	male	over 137 cm up to incl. 152 cm	B
8	Children	male	over 137 cm up to incl. 152 cm	C
9	Children	male	over 137 cm up to incl. 152 cm	D
10	Children	male	over 137 cm up to incl. 152 cm	E
11	Children	male	over 152 cm up to incl. 168 cm	A
12	Children	male	over 152 cm up to incl. 168 cm	B
13	Children	male	over 152 cm up to incl. 168 cm	C
14	Children	male	over 152 cm up to incl. 168 cm	D
15	Children	male	over 152 cm up to incl. 168 cm	E
16	Children	male	over 168 cm	A
17	Children	male	over 168 cm	B
18	Children	male	over 168 cm	C
19	Children	male	over 168 cm	D
20	Children	male	over 168 cm	E
21	Children	female	up to incl. 137 cm	A
22	Children	female	up to incl. 137 cm	B



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23	Children	female	up to incl. 137 cm	C
24	Children	female	up to incl. 137 cm	D
25	Children	female	up to incl. 137 cm	E
26	Children	female	over 137 cm up to incl. 152 cm	A
27	Children	female	over 137 cm up to incl. 152 cm	B
28	Children	female	over 137 cm up to incl. 152 cm	C
29	Children	female	over 137 cm up to incl. 152 cm	D
30	Children	female	over 137 cm up to incl. 152 cm	E
31	Children	female	over 152 cm up to incl. 168 cm	A
32	Children	female	over 152 cm up to incl. 168 cm	B
33	Children	female	over 152 cm up to incl. 168 cm	C
34	Children	female	over 152 cm up to incl. 168 cm	D
35	Children	female	over 152 cm up to incl. 168 cm	E
36	Children	female	over 168 cm	A
37	Children	female	over 168 cm	B
38	Children	female	over 168 cm	C
39	Children	female	over 168 cm	D
40	Children	female	over 168 cm	E

Category Point Stopp

Code Number	Division Seniors over 18 years old	Gender	Weight Category	Belt Group
50	Seniors	male	up to incl. 64 kg	A
51	Seniors	male	up to incl. 64 kg	B
52	Seniors	male	up to incl. 64 kg	C
53	Seniors	male	up to incl. 64 kg	D
54	Seniors	male	over 64kg up to incl.72kg	A
55	Seniors	male	over 64kg up to incl.72kg	B
56	Seniors	male	over 64kg up to incl.72kg	C
57	Seniors	male	over 64kg up to incl.72kg	D
58	Seniors	male	over 72kg up to incl.80kg	A
59	Seniors	male	over 72kg up to incl.80kg	B
60	Seniors	male	over 72kg up to incl.80kg	C
61	Seniors	male	over 72kg up to incl.80kg	D
62	Seniors	male	over 80 kg	A
63	Seniors	male	over 80 kg	B
64	Seniors	male	over 80 kg	C
65	Seniors	male	over 80 kg	D
66	Seniors	female	up to incl. 55 kg	A
67	Seniors	female	up to incl. 55 kg	B
68	Seniors	female	up to incl. 55 kg	C
69	Seniors	female	up to incl. 55 kg	D
70	Seniors	female	over 55kg up to incl.61kg	A



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71	Seniors	female	over 55kg up to incl.61kg	B
72	Seniors	female	over 55kg up to incl.61kg	C
73	Seniors	female	over 55kg up to incl.61kg	D
74	Seniors	female	over 61kg up to incl.67kg	A
75	Seniors	female	over 61kg up to incl.67kg	B
76	Seniors	female	over 61kg up to incl.67kg	C
77	Seniors	female	over 61kg up to incl.67kg	D
78	Seniors	female	over 67 kg	A
79	Seniors	female	over 67 kg	B
80	Seniors	female	over 67 kg	C
81	Seniors	female	over 67 kg	D
82	Veterans	male	40+	A/B
83	Veterans	female	35+	A/B
84	Veterans	male	40+	C/D
85	Veterans	female	35+	C/D

Category Point Stopp

Code Number	Division Seniors over 18 years old	Gender	Weight Category	Belt Group
100	Seniors	male	up to incl. 58 kg	E
101	Seniors	male	over 58kg up to incl.64kg	E
102	Seniors	male	over 64kg up to incl.70kg	E
103	Seniors	male	over 70kg up to incl.76kg	E
104	Seniors	male	over 76kg up to incl.82kg	E
105	Seniors	male	over 82 kg	E
106	Seniors	female	up to incl. 55 kg	E
107	Seniors	female	over 55kg up to incl.61kg	E
108	Seniors	female	over 61kg up to incl.67kg	E
109	Seniors	female	Over 67 kg	E
110	Veterans	male	40+ / up to incl. 76 kg	E
111	Veterans	male	40+ / over 76 kg	E
112	Veterans	female	35+ / up to incl. 61 kg	E
113	Veterans	female	35+ / over 61 kg	E



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Category Running Time				
Code Number	Division Children up to 17 years old	Gender	Hight in cm before 29.3.14	Belt Group
200	Children	male	up to incl. 137 cm	C
201	Children	male	up to incl. 137 cm	D
202	Children	male	up to incl. 137 cm	E
203	Children	male	over 137 cm up to incl. 152 cm	C
204	Children	male	over 137 cm up to incl. 152 cm	D
205	Children	male	over 137 cm up to incl. 152 cm	E
206	Children	male	over 152 cm up to incl. 168 cm	C
207	Children	male	over 152 cm up to incl. 168 cm	D
208	Children	male	over 152 cm up to incl. 168 cm	E
209	Children	male	over 168 cm	C
210	Children	male	over 168 cm	D
211	Children	male	over 168 cm	E
212	Children	female	up to incl. 137 cm	C
213	Children	female	up to incl. 137 cm	D
214	Children	female	up to incl. 137 cm	E
215	Children	female	over 137 cm up to incl. 152 cm	C
216	Children	female	over 137 cm up to incl. 152 cm	D
217	Children	female	over 137 cm up to incl. 152 cm	E
218	Children	female	over 152 cm up to incl. 168 cm	C
219	Children	female	over 152 cm up to incl. 168 cm	D
220	Children	female	over 152 cm up to incl. 168 cm	E
221	Children	female	over 168 cm	C
222	Children	female	over 168 cm	D
223	Children	female	over 168 cm	E

Category Running Time



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Code Number	Division Seniors over 18 years old	Gender	Belt Group	Weight Category
250	Seniors	male	A	up to incl. 64 kg
251	Seniors	male	B	up to incl. 64 kg
252	Seniors	male	C	up to incl. 64 kg
253	Seniors	male	D	up to incl. 64 kg
254	Seniors	male	A	over 64kg up to incl.72kg
255	Seniors	male	B	over 64kg up to incl.72kg
256	Seniors	male	C	over 64kg up to incl.72kg
257	Seniors	male	D	over 64kg up to incl.72kg
258	Seniors	male	A	over 72kg up to incl.80kg
259	Seniors	male	B	over 72kg up to incl.80kg
260	Seniors	male	C	over 72kg up to incl.80kg
261	Seniors	male	D	over 72kg up to incl.80kg
262	Seniors	male	A	over 80 kg
263	Seniors	male	B	over 80 kg
264	Seniors	male	C	over 80 kg
265	Seniors	male	D	over 80 kg
266	Seniors	female	A	up to incl. 55 kg
267	Seniors	female	B	up to incl. 55 kg
268	Seniors	female	C	up to incl. 55 kg
269	Seniors	female	D	up to incl. 55 kg
270	Seniors	female	A	over 55kg up to incl.61kg
271	Seniors	female	B	over 55kg up to incl.61kg
272	Seniors	female	C	over 55kg up to incl.61kg
273	Seniors	female	D	over 55kg up to incl.61kg
274	Seniors	female	A	over 61kg up to incl.67kg
275	Seniors	female	B	over 61kg up to incl.67kg
276	Seniors	female	C	over 61kg up to incl.67kg
277	Seniors	female	D	over 61kg up to incl.67kg
278	Seniors	female	A	over 67 kg
279	Seniors	female	B	over 67 kg
280	Seniors	female	C	over 67 kg
281	Seniors	female	D	over 67 kg



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Category Running Time

Code Number	Division Seniors over 18 years old	Gender	Belt Group	Weight Category
300	Seniors	male	E	up to incl. 58 kg
301	Seniors	male	E	over 58kg up to incl.64kg
302	Seniors	male	E	over 64kg up to incl.70kg
303	Seniors	male	E	over 70kg up to incl.76kg
304	Seniors	male	E	over 76kg up to incl.82kg
305	Seniors	male	E	over 82 kg
306	Seniors	female	E	up to incl. 55 kg
307	Seniors	female	E	over 55kg up to incl.61kg
308	Seniors	female	E	over 61kg up to incl.67kg
309	Seniors	female	E	over 67 kg

INDIVIDUAL TRADITIONAL PATTERN (FORMS) COMPETITION

TI + ITF TAEKWON-DO STYLES-

TAE= TAE KWON-DO

BELTS GROUPS:

A: YELLOW+ ORANGE **B:** GREEN **C:** BLUE **D:** BROWN+ RED **E:** ALL BLACK BELTS

CODE NUMBER	DIVISION	GENDER	AGE	BELT GROUP	WEIGHT/HEIGHT CATEGORY	STYLE
400	CHILDREN	MALE	-8	A/B/C/D	OPEN	TAE
401	CHILDREN	FEMALE	-8	A/B/C/D	OPEN	TAE
402	CHILDREN	MALE	9-11	A/B/C/D	OPEN	TAE
403	CHILDREN	FEMALE	9-11	A/B/C/D	OPEN	TAE
404	CHILDREN	MALE	12-14	A/B/C/D/E	OPEN	TAE
405	CHILDREN	FEMALE	12-14	A/B/C/D/E	OPEN	TAE
406	CHILDREN	MALE	15-17	A/B/C/D	OPEN	TAE
407	CHILDREN	MALE	15-17	E	OPEN	TAE
408	CHILDREN	FEMALE	15-17	A/B/C/D	OPEN	TAE
409	CHILDREN	FEMALE	15-17	E	OPEN	TAE
410	SENIORS	MALE	18-39	A/B/C/D	OPEN	TAE
411	SENIORS	MALE	18-39	E 1. DAN	OPEN	TAE
412	SENIORS	MALE	18-39	E 2. DAN	OPEN	TAE
413	SENIORS	MALE	18-39	E +3.DAN	OPEN	TAE
414	SENIORS	FEMALE	18-35	A/B/C/D	OPEN	TAE
415	SENIORS	FEMALE	18-35	E 1. DAN	OPEN	TAE
416	SENIORS	FEMALE	18-35	E 2. DAN	OPEN	TAE
417	SENIORS	FEMALE	18-35	E + 3.DAN	OPEN	TAE
418	VETERANS	MALE	40 +	A/B/C/D	OPEN	TAE
419	VETERANS	FEMALE	35 +	A/B/C/D	OPEN	TAE
420	VETERANS	MALE	40 +	E 1. – 2. DAN	OPEN	TAE
421	VETERANS	MALE	50+	BLACK	OPEN	



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422	VETERANS	FEMALE	50+	BLACK	OPEN	
423	VETERANS	FEMALE	35+	E 1. – 2. DAN	OPEN	TAE
424	VETERANS	MALE	40 +	E + 3. DAN	OPEN	TAE
425	VETERANS	FEMALE	35 +	E + 3. DAN	OPEN	TAE

INDIVIDUAL TRADITIONAL PATTERNS (FORMS) COMPETITION

-ALL KARATE AND KICKBOX STYLES-

KAR= KARATE KIC= KICKBOXING WTF= TAE KWON-DO WTF

CODE NUMBER	DIVISION	GENDER	AGE	BELT GROUP	WEIGHT/HEIGHT CATEGORY	STYLE
430	CHILDREN	MALE	-9	A/B/C/D/E	OPEN	KAR/KIC/WTF
431	CHILDREN	FEMALE	-9	A/B/C/D/E	OPEN	KAR/KIC/WTF
432	CHILDREN	MALE	-14	A/B/C/D	OPEN	KAR/KIC/WTF
433	CHILDREN	FEMALE & MALE	-14	A/B/C/D	OPEN	KAR/KIC/WTF
434	CHILDREN	FEMALE & MALE	-14	E	OPEN	KAR/KIC/WTF
435	CHILDREN	FEMALE & MALE	-17	A/B/C/D	OPEN	KAR/KIC/WTF
436	CHILDREN	FEMALE & MALE	-17	E	OPEN	KAR/KIC/WTF
437	SENIORS	MALE	18/39	A/B/C/D	OPEN	KAR/KIC/WTF
438	SENIORS	MALE	18/39	E	OPEN	KAR/KIC/WTF
439	SENIORS	FEMALE	18/35	A/B/C/D	OPEN	KAR/KIC/WTF
440	SENIORS	FEMALE	18/35	E	OPEN	KAR/KIC/WTF
441	VETERANS	MALE	40 +	A/B/C/D	OPEN	KAR/KIC/WTF
442	VETERANS	FEMALE	35 +	A/B/C/D	OPEN	KAR/KIC/WTF
443	VETERANS	MALE	40 +	E	OPEN	KAR/KIC/WTF
444	VETERANS	FEMALE	35 +	E	OPEN	KAR/KIC/WTF

WEAPON PATTERN

CODE NUMBER	DIVISION	GENDER	AGE	BELT	WEIGHT	TYPE
445	SENIORS	MALE + FEMALE	OVER 18	A/B/C/D	OPEN	OPEN
446	SENIORS	MALE + FEMALE	OVER 18	E	OPEN	OPEN

BREAKING

INDIVIDUAL COMPETITIONS: BREAKING HAND TECHNIQUES



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Hand techniques (Only Black Belts):

K = Knife hand - breaking material - **rebreakable boards**
RK = reverse knife hand - breaking material **rebreakable boards**

CODE NUMBER	DIVISION	GENDER	AGE	BELT GROUP	WEIGHT/ HEIGHT CATEGORY	TYPE OF BREAKING
450	SENIORS+VETERANS	MALE	OVER 18	E	-75	K
451	SENIORS+VETERANS	MALE	OVER 18	E	+76	K
452	SENIORS+VETERANS	MALE	OVER 18	E	-75	RK
453	SENIORS+VETERANS	MALE	OVER 18	E	+76	RK
454	SENIORS+VETERANS	FEMALE	OVER 18	E	-58	K
455	SENIORS+VETERANS	FEMALE	OVER 18	E	+59	K
456	SENIORS+VETERANS	FEMALE	OVER 18	E	-58	RK
457	SENIORS+VETERANS	FEMALE	OVER 18	E	+58	RK

INDIVIDUAL COMPETITION: BREAKING TECHNIQUES – STATIONARY KICKS

Foot techniques (yellow to black belt):

SK = side kick - breaking material- **rebreakable boards**
TK = turning kick *180 Degree* - breaking material- **rebreakable boards**

CODE NUMBER	DIVISION	GENDER	AGE	BELT GROUP	WEIGHT/ HEIGHT CATEGORY	TYPE OF BREAKING
460	SENIORS+VETERANS	MALE	OVER 18	A – E	-75	SK
461	SENIORS+VETERANS	MALE	OVER 18	A – E	+76	SK
462	SENIORS+VETERANS	MALE	OVER 18	A – E	-75	TK
463	SENIORS+VETERANS	MALE	OVER 18	A – E	+76	TK
464	SENIORS+VETERANS	FEMALE	OVER 18	A - E	-58	SK
465	SENIORS+VETERANS	FEMALE	OVER 18	A - E	+59	SK
466	SENIORS+VETERANS	FEMALE	OVER 18	A - E	-58	TK
467	SENIORS+VETERANS	FEMALE	OVER 18	A - E	+59	TK

INDIVIDUAL COMPETITION: BREAKING TECHNIQUES – FLYING KICKS

Foot techniques (Only Black Belts):

FSK = flying back reverse turning side kick **180 DEGREES** - breaking material - **rebreakable boards**



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**FBK = flying back reverse turning side kick 360 DEGREES
 rebreakable boards**

- breaking material -

CODE NUMBER	DIVISION	GENDER	AGE	BELT GROUP	WEIGHT/ HEIGHT CATEGORY	TYPE OF BREAKING
470	SENIORS+VETERANS	MALE	OVER 18	E	OPEN	FSK
471	SENIORS+VETERANS	MALE	OVER 18	E	OPEN	FBK
472	SENIORS+VETERANS	FEMALE	OVER 18	E	OPEN	FSK
473	SENIORS+VETERANS	FEMALE	OVER 18	E	OPEN	FBK

SPEEDKICK

CODE NUMBER	DIVISION	GENDER	Alter Vor dem 29.3.14	GURT GRUPPE	GEWICHT/GROSSE	FRONT.KICK
474	CHILDREN	MALE/FEMALE	-9	A/B/C/D/E	OPEN	
475	CHILDREN	MALE/FEMALE	10-14	A/B/C/D/E	OPEN	

TEAM EVENTS

TAG-Team Event 3 Person Teams (Point Stopp)					
Code Number	Division	Gender	Hight in cm	Belt Group	Weight Category
500	Children -17 J.	male	up to 152 cm	A/B	No weights
501	Children -17 J.	male	over 152 cm	A/B	No weights



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502	Children -17 J.	male	up to 152 cm	C/D	No weights
503	Children -17 J.	male	over 152 cm	C/D	No weights
504	Children -17 J.	male	up to 152 cm	E	No weights
505	Children -17 J.	male	over 152 cm	E	No weights
506	Children -17 J.	female	up to 152 cm	A/B	No weights
507	Children -17 J.	female	over 152 cm	A/B	No weights
508	Children -17 J.	female	up to 152 cm	C/D	No weights
509	Children -17 J.	female	over 152 cm	C/D	No weights
510	Children -17 J.	female	up to 152 cm	E	No weights
511	Children -17 J.	female	over 152 cm	E	No weights
512	Seniors	male	over 18 years	A/B	No weights
513	Seniors	male	over 18 years	C/D	No weights
514	Seniors	male	over 18 years	E	No weights
515	Seniors	female	over 18 years	A/B	No weights
516	Seniors	female	over 18 years	C/D	No weights
517	Seniors	female	over 18 years	E	No weights

Team Pattern 3 person per Team

Code Number	Division	Gender	Age	Belt Group	
522	Children	male	up to 12 years	A/B/C/D	
523	Children	male	up to 12 years	E	
524	Children	male	from 13-17 years	A/B/C/D	
525	Children	male	from 13-17 years	E	
526	Children	female	up to 12 years	A/B/C/D	



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527	Children	female	up to 12 years	E	
528	Children	female	from 13-17 years	A/B/C/D	
529	Children	female	from 13-17 years	E	
530	Seniors	male	over 18 years	A/B/C/D	
531	Seniors	male	over 18 years	E	
534	Seniors	female	over 18 years	A/B/C/D	
535	Seniors	female	over 18 years	E	
538	Veterans	male	over 40 years	A/B/C/D	
539	Veterans	male	over 40 years	E	
542	Veterans	female	over 35 years	A/B/C/D	
543	Veterans	female	over 35 years	E	

Arrival and Accommodation

By airplane:

Airport Zurich (Switzerland) about 20 mins from Niederhasli and Zürich

www.easyjet.ch

www.swiss.ch

www.alitalia.it20

and more...

Airport Friedrichshafen (Germany) about 115 km from Winterthur

www.ryanair.com

www.airberlin.de

www.austrianairlines.at



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www.lufthansa.de

Airport Basel (Switzerland) about 115 km from Winterthur

www.easyjet.ch

www.swiss.ch

www.airberlin.de

www.ryanair.com

Find the way to Winterthur

By train, see: www.sbb.ch

By car from Zurich:

(Motorway, max. 120 Km/h, are marked with green traffic signs in Switzerland)

1. In Zurich take motorway direction St. Gallen Winterthur
2. Motorway exit: Winterthur

Hotels:

INFORMATION & CONTACTS

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PROGRAM

Saturday, 2nd November 2024:

- 08.00 a.m.:** Opening of the Sports Arena.8155 Niederhasli, Seefeldstrasse 8
- 09.00 a.m.:** Short opening ceremony
- 09.15 a.m.: Start all Black belts Forms and fight
- 10.15 a.m.:** Start all competitions children (up to 17 years old)
- 12.00 p.m.:** Start all competitions adults (over 18 years old)
- 04.00 p.m.:** End of tournament
- From 09.00 p.m.:** **AFTER SPARRING PARTY**
All participants, spectators, sponsors and friends are very welcome! Free entry.

Times as well as the process can be adjusted according to the number of registrations. Please plan enough time and get informations at the main referees table or from the display board.